

2018-2019 SEPA Household Health Survey Topic Areas

Health Status

- Self-reported health status
- Height/weight and Body Mass Index (BMI)
- Overweight and obesity
- Chronic disease diagnoses
 - Asthma
 - Diabetes
 - Hepatitis C
 - Cancer
 - High blood pressure

Source of Care and Utilization of Services

- Regular source of care
- Setting of regular care
- Number of healthcare provider visits
- Number of ER visits

Health Insurance

- Health insurance coverage
- Current source(s) of health coverage
- Coverage for prescription drugs

Barriers to Care

- Failure to seek care in past year due to cost
- Failure to fill a prescription due to cost

Disease Prevention and Health Promotion

- Length of time since last screening/exam:
 - Dental visit
 - Blood pressure reading
 - Colonoscopy/Sigmoidoscopy (50+)

For women:

- Pap smear (18+)
- Clinical breast exam (18+)
- Mammogram (40+)

For men:

- Prostate cancer screening (45+)

Personal Health Behaviors

- Cigarette smoking status
- Attempts to quit cigarette smoking and method used
- Use of coupons and discounts to purchase cigarettes
- Exposure to cigarette, cigar and pipe smoke in household
- Use of other tobacco products, such as cigars, cigarillos
- Use of e-cigarette, known as juul, vape pens
- Intention to shop at stores that stops selling tobacco products

- Frequency of exercise
- Alcohol consumption (binge drink)
- Prescription pain medication use and misuse
- Fruits & vegetables consumption
- Sugary beverage consumption
- Watching/reducing salt intake (Philadelphia only)
- Shop for “low salt/sodium” foods (Philadelphia only)
- Perception salt is harmful to health (Philadelphia only)
- Notice sodium info on menus (Philadelphia only)

Mental Health

- Diagnosed with mental health condition
- Currently receiving treatment for this condition

Neighborhood and Social Factors

- Ease/difficulty to find fruits and vegetables in neighborhood
- Nearby park comfortable visiting
- Social capital (participation in groups, neighbors help each other, neighbors work together, feel belong in neighborhood, feel neighbors can be trusted)

Food Insecurity

- Cut or skipped meals due to lack of money

Demographic Characteristics

- Age, Race and ethnicity, Gender and Sexual orientation
- Education, Employment status, Marital status
- Rent/own home, Household composition
- Country of birth, Religion
- Languages spoken at home
- Income, Poverty, Public assistance
- ZIP Code, Census Tract, Region, County

Supplemental Older Adult Topics (Bucks, Montgomery and Philadelphia Counties, 60+)

- Depression scale
- Length of time wish to remain in home
- Awareness of, use of, and need for programs and services (activities at senior centers, meals/food programs, transportation services, prescription drug program, senior helpline, and housing assistance)
- Activities of daily living limitations
- Instrumental activities of daily living limitations
- Frequency talk with friends or relatives by phone
- Source of information for home/nursing care facility
- Home needs repair
- Fallen in past year

- Received home care services
- Payment source for home care services

Supplemental Child Topics (0-17)

- Health status
- Have asthma
- Setting of regular health care
- Examined by dentist within past year
- Frequency of exercise
- Time spent per week in early childhood education setting (infant-6 years)
- Height/weight (5-17 years) and BMI Percentile
- Obesity
- Source of health care coverage

Special Topics

- Attitudes and knowledge about epilepsy – Epilepsy Foundation

Proprietary Topics

- Attitudes about HIV and homosexuality and knowledge about pre-exposure prophylaxis - Yale
- Adverse childhood experiences (ACE) among adults and children – Philadelphia ACE Task Force